



## What Can I Do to Prevent the West Nile Virus?

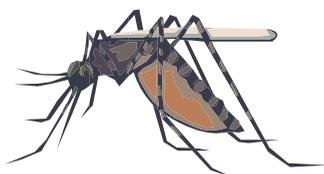
**The easiest and best way to avoid West Nile Virus (WNV) is to prevent mosquito bites.**

When you are outdoors, use insect repellent containing an EPA-registered active ingredient. Follow the directions on the package. Being outside means you're at risk. The more time you're outdoors, the more time you could be bitten by an infected mosquito. Pay attention to avoiding mosquito bites if you spend a lot of time outside, either working or playing.

Many mosquitoes are the most active from dusk to dawn. Wear long sleeve shirts, long pants and socks sprayed with repellent if you plan to be outdoors when mosquitoes are most active. Or consider staying indoors when the mosquitoes are biting.

Make sure the screens on your windows and doors are in good shape. This helps keep mosquitoes from getting indoors.

Get rid of mosquito breeding sites by emptying standing water from flowerpots, buckets and other things that hold water. Change the water in pet dishes, and replace the water in birdbaths weekly. Drill holes in tire swings so water drains out. Keep children's wading pools empty and on their sides when they aren't being used.



## Garage Sale Information

Garage sale permits must be obtained at Saginaw City Hall at least 48 hours prior to sale. The cost of the garage sale permit is \$5.00 which includes three signs per garage sale (1 yard sign and 2 directional signs). Additional signs are prohibited. No signs shall be placed on utility poles. The owner or occupant of residential property is allowed two (2) sales per calendar year. The garage sale permit can not exceed three consecutive days. The permit must be displayed on the premises during the sale.

**Have Your Garage Sale Listed Online:** If you choose to place your sale information on our website, it is an additional \$5.00. It will be listed on the City of Saginaw website at [www.SaginawTx.org](http://www.SaginawTx.org). For more information, call City Hall at 817-232-4640.



## Upcoming Holiday Hours

The City of Saginaw offices will be closed on Monday, September 5th to observe the Labor Day holiday. Also, your garbage/trash and recycling schedule will not be affected.

# LABOR DAY



## Upcoming Carter Blood Drives

The Saginaw Recreation Center is hosting a Carter Blood Drive in the parking lot of the Recreation Center, 633 West McLeroy Blvd. on **Monday, August 1st** and again on **Thursday, September 15th** from 2:30 p.m. to 6:00 p.m. Your donation can save 3 lives!



For info and/or to donate blood, view [www.saginawtx.org](http://www.saginawtx.org).

## Fitness Class Registration at the Rec. Center

### Jazzercise

Jazzercise is a pulse-pounding, beat-pumping fitness program that gets you results ... fast! Get your cardio and strength in one class in one hour. Some specialty classes feature additional strength. All fitness levels welcomed!

### Classes:

- Mon. thru Sat. 8:30 a.m.
- Mon., Tues, Thurs: 5:15 p.m. & 6:20 p.m.
- Free babysitting Mon. - Fri. a.m. & all 5:15 p.m. classes.
- Unlimited classes as low as \$36 a month w/\$25 joining fee. Single classes just \$15.
- Call or text Karen Botham at 817-789-5482 for more information.
- [www.Jazzercise.com](http://www.Jazzercise.com) or [karen4jazz@aol.com](mailto:karen4jazz@aol.com)



## Information from the Saginaw Recreation Center

The Saginaw Recreation Center provides a wide range of leisure opportunities for the citizens of Saginaw and surrounding communities through its amenities, programs and activities by promoting fitness, wellness and a higher quality of life. The center offers a full-sized gymnasium (basketball & volleyball courts), a fitness room, a racquetball court, locker rooms with showers, four multi-purpose rooms, a weight room (NEW equipment), and recreational programs. The Recreation Center offers very low-cost annual membership opportunities for you and your family.

### Saginaw Resident Usage Fees

- Daily Fees (All Ages / Non-Membership): \$5/day
- Adult Membership (ages 16 - 54): \$40/year
- Youth Membership (ages 15 & under): \$30/year
- Senior Adult Membership (ages 55 - 64): \$10/year
- Senior Adult Membership (ages 65 & up): FREE
- Family Membership (family of four): \$125/year
  - Additional Adult Family Member: \$35/year
  - Additional Youth Family Member: \$20/year

### Non-Resident Usage Fees

- Daily Fees (All Ages / Non-Membership): \$10/day
- Adult Membership (ages 16 - 54): \$130/year
- Youth Membership (ages 15 & under): \$60/year
- Senior Adult Membership (ages 55 - 64): \$40/year
- Senior Adult Membership (ages 65 & up): \$30/year
- Family Membership (family of four): \$325/year
  - Additional Adult Family Member: \$75/year
  - Additional Youth Family Member: \$40/year



## 2016 Saginaw Fire Camp

Each June the Saginaw Professional Firefighters Association (SPFFA), in coordination with the city, conducts a week-long day camp for approximately 30 students from the Saginaw area.

The goals of the fire camp program are to teach students the importance of teamwork and physical fitness, as well as to build self confidence and initiative to develop solutions to complex problems. These goals are accomplished in an exciting, highly disciplined, and controlled environment. The students engage in fire and EMS related activities and scenarios utilizing the same discipline, training, skills, and equipment used by firefighters today.

For more information and to learn how to join next year's Fire Camp, check out the following link: [www.ci.saginaw.tx.us/130/How-to-Attend](http://www.ci.saginaw.tx.us/130/How-to-Attend)

## "Planet Kidz" Saturday Night

All children in 2nd through 7th grades (typically 7 to 13 years of age) are invited. Studies have shown that this age group has been tabbed as the forgotten age. This program strives to provide the high-energy entertainment kids have come to expect.

**Time:** 7:00 pm - 11:00 pm

**When:** Every Saturday Night

**Where:** Saginaw Recreation Center  
633 W. McLeroy Blvd.

**Cost:** Only \$12 at the door



Free prize giveaways; Inflatable bounce houses and other interactive items at each event; Live disc jockey (DJ Red) with popular music, fog machine, bubble machine, awesome light show, and an incredible sound system; New games and activities; Snack bar with candy, soda, and pizza; and basketball, hula hoop, and tug of war.

We maintain an average of 30 kids or less per adult staff member. A uniformed police officer will be present during the program. Recognizing the need for safety and security today, the program requires a child sign-in, and adult sign-out. A child cannot leave until a designated adult comes to sign them out.

This program is managed and supervised by Planet Kidz Inc. For more information, please contact Planet Kidz by calling (817) 480-3897.

