

A Message from the City of Saginaw: Saginaw Recreation Center Plans a Soft Opening Beginning May 18, 2020

Governor Abbott announced on Tuesday, May 5, that gyms may reopen May 18 with limited 25% capacity, social distancing and other health protocols. Some of the protocols that he mentioned were all equipment must be disinfected after each use, customers are encouraged to wear gloves and masks and locker rooms will remain closed. The State of Texas' recommended health protocols for reopening gyms can be found at <https://gov.texas.gov/organization/opentexas>.



City Recreational Facilities Update

The Saginaw Recreation Center will reopen to the public with reduced and limited hours on Monday, May 18, 2020:

- Hours of Operation:
 - Monday – Friday: 8:00 a.m. to 1:00 p.m. and 2:00 p.m. to 6:00 p.m.
 - 1:00 p.m. to 2:00 p.m. the facility will be closed so staff can thoroughly clean and disinfect the equipment
 - Saturday: 9:00 a.m. to 1:00 p.m.
- Fitness room (10 people capacity) will be open.
- Weight room (5 people capacity) will be open.
- The Gymnasium will be open for walking the perimeter. However, the basketball goals will be raised.
- Recreational classes will begin June 1st
- Rentals (Indoor): Indoor facility rentals are currently not available/cancelled until June 1, 2020. Determined by the Governor's capacity orders (currently set at only 4 people). During this time, we will review and make adjustments according to updates from the Office of the Governor of Texas.
- We will follow all current and applicable social distancing guidelines and limit occupancy.

Outdoor Amenities that remain CLOSED until further notice:

- Pending any updates from the Office of the Governor, we are holding off openings of the Senior Center, seasonal aquatics, and seasonal recreation programs until at least June 1st. This is consistent throughout Tarrant County, although a handful of cities have canceled seasonal recreation programs entirely. The following will remain closed for the time being:
- Rentals (Outdoor): Outdoor facility rentals are currently not available/cancelled until June 1, 2020. Determined by the Governor's capacity orders (currently set at only 4 people). During this time, we will review and make adjustments according to updates from the Office of the Governor of Texas
- City Park Playgrounds (per CDC recommendations)
- Basketball and Volleyball Courts
- Dog Parks
- Athletic Fields
- Restrooms
- Water Fountains
- Pavilions

We apologize for any inconvenience these past few months and greatly appreciate your patience and understanding. Together, we will all get through this. #TeamSaginawTexas

Attached on the next page is a checklist for gym/exercise facility patrons that issued by the Texas Department of State Health Services / Texas Health and Human Services.



CHECKLIST FOR GYM/EXERCISE FACILITY PATRONS

The following are the minimum recommended health protocols for all patrons of gyms or other exercise facilities and classes, whether indoor, outdoor, individual, or group, in Texas. These minimum health protocols are not a limit on the health protocols that individuals may adopt. Individuals are encouraged to adopt additional protocols consistent with their specific needs and circumstances to help protect the health and safety of all Texans.

The virus that causes COVID-19 can be spread to others by infected persons who have few or no symptoms. Even if an infected person is only mildly ill, the people they spread it to may become seriously ill or even die, especially if that person is 65 or older with pre-existing health conditions that place them at higher risk. Because of the hidden nature of this threat, everyone should rigorously follow the practices specified in these protocols, all of which facilitate a safe and measured reopening of Texas. The virus that causes COVID-19 is still circulating in our communities. We should continue to observe practices that protect everyone, including those who are most vulnerable.

Please note, public health guidance cannot anticipate every unique situation. Individuals should stay informed and take actions based on common sense and wise judgment that will protect health and support economic revitalization.

Health protocols for individuals:

- Maintain at least 6 feet separation from other individuals not within the same household. If such distancing is not feasible, other measures such as face covering, hand hygiene, cough etiquette, cleanliness, and sanitation should be rigorously practiced.
- Self-screen before going into a gym or exercise facility or class for any of the following new or worsening signs or symptoms of possible COVID-19:

<input type="checkbox"/> Cough	<input type="checkbox"/> Sore throat
<input type="checkbox"/> Shortness of breath or difficulty breathing	<input type="checkbox"/> Loss of taste or smell
<input type="checkbox"/> Chills	<input type="checkbox"/> Diarrhea
<input type="checkbox"/> Repeated shaking with chills	<input type="checkbox"/> Feeling feverish or a measured temperature greater than or equal to 100.0 degrees Fahrenheit
<input type="checkbox"/> Muscle pain	<input type="checkbox"/> Known close contact with a person who is lab confirmed to have COVID-19
<input type="checkbox"/> Headache	
- Disinfect any equipment before and after use, including exercise machines and dead weights.**
- Wash or disinfect hands upon entering a gym or exercise facility or class and after any interaction with employees, other customers, or items in the gym or exercise facility.
- Wear gloves that fully cover from the wrist to the fingers while exercising.**
- To the extent a patron brings their own equipment to the gym or exercise facility, the patron should disinfect the equipment before and after use.
- Consistent with the actions taken by many individuals across the state, consider wearing cloth face coverings (over the nose and mouth) when entering a gym or exercise facility or class, or when within 6 feet of another person who is not a member of the individual's household. If available, individuals should consider wearing non-medical grade face masks.
- Individuals aged 65 or older are at a higher risk of COVID-19. To the extent possible, avoid contact within 6 feet with individuals aged 65 and older. Individuals aged 65 and older should stay at home as much as possible.**